

# 2024 GASC Sharks

## Practice Schedule:



- Week of May 20th
  - 5-6 pm – All Ages
- Starting May 28th
  - Morning Practice (M-F):
    - 11 & Up – 9-10 am
    - Ages 7-10 – 10-11 am
    - 6 & Under – 11-11:45 am
  - Afternoon Practice (M-TH):
    - 5-6 pm – All Ages
    - 6-6:45 pm – Stroke Clinic (All ages)